

Blackberry Meadows Farm



[Website](#) [About Us](#) [Who's on the farm?](#) [Garden Share](#) [Weddings/Events](#) [Contact Us](#)

September 22, 2014

Dear Jennifer,

Here we are at week 15 of our 20 week season. Each year, we host a CSA party here at the farm. We've scheduled it for later in the year - to coincide with our pumpkin harvest! So, save the date for

CSA Pumpkin Potluck Pizza Party!

Saturday, October 11th
3pm - 7pm



In This Issue

- Weekly Menu
- Recipe Ideas
- Biology!
- Farm Animals
- HELP! G-A-R-L-I-C

Quick Links

- www.blackberrymeadows.com
- www.frankferd.com
- www.allegroearth.com
- www.natronabottlingcompany.com

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A little bit of Biology....

I thought it might be helpful if I posted a link to this article:

["The Difference Between Heirlooms, Hybrids, and GMOs."](#)

Please come out and enjoy an afternoon on the farm! We'll fire up our pizza oven and serve fresh pizza pies, set out a variety of pumpkins ready for the carving, and crank up a bon-fire to keep you warm. Tour the farm with us, visit with the animals, enjoy the fresh air and take home a pumpkin.

Please bring a dish to share, your own cutlery and place setting. We have a few picnic benches for seating, but also encourage you to bring along blankets or chairs.

We look forward to having you all out to our farm - it's a peaceful place and quite beautiful in the fall - *please come and enjoy!* - Please RSVP by October 4th (so we know how much pizza dough we need to make).

The Weekly Menu

What you can roughly expect to receive this week:

For the 15th pick up - we'll have Tomatoes, Peppers, Hot Peppers, Herbs, Cherry Tomatoes, Husk Cherries, Potatoes, Greens, Garlic.

Recipe Ideas

Tomatillos piling up in the fridge?



So, you've been getting a lot of tomatillos lately - and they'll keep coming until frost.

It's oftentimes confusing, trying to understand the nuisances between a hybrid sweet corn and a gmo sweet corn - but they are there. I found this article did a great job of breaking down the differences. So, if you've ever wondered what's up with those hybrids, and why are those heirlooms so darn delicate - this article clears it all up!

The Sheep: Midge and Claricece

We've got two sheep these days. They are pretty low maintenance - and a little entertaining. We shear them twice a year - and, when we have time, we teach the apprentices how to wash, card, spin and knit the wool. It's a fun hobby - albeit time consuming. Come on out and meet these ladies at the picnic - Claireece loves to have her back scratched!



We Need Help!

G-A-R-L-I-C

The time has about come where we are planning our garlic planting for the fall. This is no small feat - and we are enlisting you all to help us. We intend to plant about 10,000

So - don't get discouraged - here's a great link to a [Huffington Post](#) article - with several different ways to cook up those small fruits.

cloves this fall - giving us about 10,000 bulbs next June/July.

What we need from you, if you choose to accept: We'll send home a full dozen bulbs of garlic for you to "shuck" or "break open". Put your shucked garlic in a paper bag and bring it back to us at your next pick up. We need about 10 5 gallon buckets of shucked garlic - and although we've done it on our own in the past - we sure could use some help. Many hands make light work!

If you're interested in helping - let us know when you pick up your CSA share. We'll send you home with a bundle of garlic for the shucking.

We hope to have all the garlic planted by Oct 31!

The General Store



Local Goods:

Frankferd Farms - place an order with them at the end of the month and we'll have it on hand at your CSA pick-up

Natrona Bottling Co. - Brewed fresh here in Natrona, this beverage is High Fructose Corn Syrup Free and



Value added from the Farm

Garlic Powder

If 4 bulbs of garlic a week isn't enough for you, you might want to try our garlic powder. We've taken the bruised and broken garlic bulbs and pureed, dehydrated, and pureed them

Local!

Allegro Hearth Bakery- Fresh bread and sweets available at the farm pickup only.

Jarosinski Farm - we're excited to be working with Kevin, a young fellow in Buffalo Township who is tending high quality pasture raised chickens for eggs and meat. Chickens will be available at the end of June.

Kopar Honey Farm - talk about local! The Kopars keep bees on our farm, as well as other locations in southwestern, PA.

Clarion River Organics - we purchase potatoes, watermelon, winter squash and other items from them that we may not be growing this year.

Conneautee Creamery - grass fed cheeses.

Harmony Hill Farm - grass fed beef - \$6.50/lb. OUT OF STOCK!

Showman Farm - supplies us with pasture raised, grass fed beef. We'll have various cuts and ground beef on hand - the first delivery will be ready in Mid - June.

Hunter Farms - keeps us supplied with the best Certified Organic Blueberries around. They usually start up in July.

Una Biological - creams, salves, and balms. All made in small batches, with organic and some locally sourced ingredients.

again . . . into powder. We'll have small bottles of them for sale in the barn.

We also make cheese, yogurt, butter, ice cream, chocolate milk, kefir, sour cream, ricotta, skim milk and full fat milk. If you'd like to purchase any of our raw grass-fed dairy products, you must become a member of C.A.R.E. first - just \$20 a year for membership. Ask Jen for more details.

Thanks for choosing our CSA. We strive to grow nutrient dense, wholesome foods for you. We think what we do is hard work - but important for our family, friends, and community. There are a few things that we find important: growing good food, participating in the local economy, being good stewards to the environment, providing our community with access to a farm, farm

animals and the outdoors, and teaching new and beginning farmers what we know. By being a CSA member and supporting our endeavors, you're helping us to achieve our goals. Thanks!!

Sincerely,

Your Farmers,

Greg, Jen, Evelyn, Jameson, Matt, and Ian

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